



Brentwood
11999 San Vicente Blvd.
Suite 220
Los Angeles, CA 90049
866.870.2982

San Luis Obispo
1310 Las Tablas Rd.
Suite 207
Templeton, CA 93465
866.870.2982

Bakersfield
Riverlakes Wellness Center
3900 Coffee Rd.
Suite 3
Bakersfield, CA 93308
866.870.2982

IS YOUR BRAIN WORKING AGAINST YOU?

Neurotopia Neurofeedback Therapy (NNT) can change your life by addressing dysfunctions found in the brain



Quantitative-EEG brain-mapping can show faulty brainwaves associated with many physical, mental, social, and emotional symptoms.

“I have yet to have one parent tell me that the neurofeedback was of no benefit to them. I’ve seen improvements all across the board from language, eye contact and socialization.”

– Karima Hirani, MD MPH
Professor at USC School of Medicine

Why Neurotopia Neurofeedback?

The people who have gone through Neurotopia Neurofeedback Therapy have had their lives changed forever because they have finally found an answer to their medical problems.

What is Neurofeedback?

Neurofeedback, also known as EEG biofeedback, is a type of physical therapy (operant conditioning) for your brain. It treats the faulty brainwave activity that is associated with conditions such as **ADHD/ADD, learning disabilities, autism, depression, anxiety, sleep disorders, pain and many other conditions.**

Drug-Free Solution

Neurotopia Neurofeedback Therapy is non-invasive, drug-free, and in most cases provides permanent relief from the symptoms and issues the patient has previously suffered with.

Permanent Relief

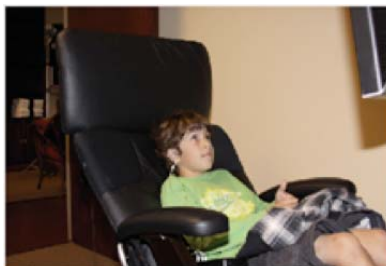
As an example ADD/ADHD patients who prescribe to a pharmaceutical or drug-based solution will revert back to their pre-treatment condition after stopping medication. With Neurotopia Neurofeedback, in most cases, ADD/ADHD patients experience a permanent relief from their symptoms after treatment sessions are completed.

Cutting Edge Therapy

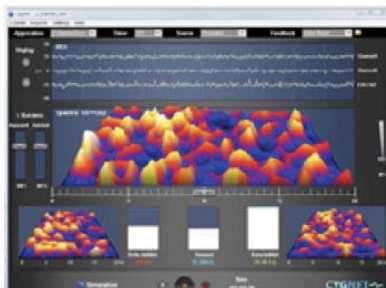
During neurofeedback, we use the latest technology to train your brain to correct the faulty brainwave activity, resulting in improved day-to-day functioning. You can think of neurofeedback as “brain exercise.” Like a muscle, your brain gets stronger the more you train it. Since your brain controls every nerve, system, muscle and organ in your body, when it works at maximum efficiency, you feel better and perform better.

Training for Your Brain

Neurofeedback is like putting a mirror in front of your brain and showing it its dysregulated brainwaves. Neurofeedback then allows the brain to recalibrate these waves. When the brain is correctly calibrated (regulated), symptoms such as ADHD/ADD, learning disabilities, autism, depression, anxiety, sleep disorders, chronic pain, migraines, etc. that were associated with the dysregulation will be reduced or eliminated.



Treatment consists of three sensors placed on you scalp with easily removable conductive paste



During your session, our neurofeedback technicians utilize advanced technology and software to train your brain to increase or decrease brainwaves based on the physician's protocols from your brain-mapping

Next Steps

Call 866.870.2982 to set up a free consultation or visit us www.neurotopia.com to research what Neurotopia Neurofeedback has to offer. There you will find articles and videos that will help you with your decision. Or pass this important information to a friend.



Quantitative-EEG brain-mapping can show faulty brainwaves associated with many physical, mental, social, and emotional symptoms.

How the Treatment Works

Your brain weighs about three pounds, yet it utilizes almost 50 percent of all of your body's blood glucose. It uses all of this glucose to create electro-chemical energy (electricity) which enables your brain to carry out all of its functions, including physical, mental and emotional regulation.

Brainwaves occur at different frequencies from slow waves to fast waves and each speed has its own function. Slow brainwaves (delta & theta) reflect the brain is under-aroused or functioning at reduced capacity for mental efficiency. This occurs during sleep, daydreaming and when areas of the brain go "off line" to take up nourishment. High levels of delta and theta, in specific areas of the brain, can be associated with learning disabilities, depression and/or inattention.

When your brain produces predominantly faster brainwaves (alpha & beta), it is more fully aroused, alert and focused. The neural networks are fully engaged to process information. Beta brainwaves need to be dominant for controlling attention, behavior, organization, emotions and basic learning functions. However, too many fast waves, in specific areas of the brain, can cause anxiety, aggression, irritability and other physical symptoms.

Call us for a free consultation either with a doctor or neurofeedback technician ready to answer all of your questions.

Perform QEEG Brain-mapping

Once you've decided to start your treatments, we will collect your medical history and perform a QEEG brain-map Image. This will give our physicians the diagnostic results necessary to locate the origin of your symptoms and create protocols to treat them. Every person is different. Even though people may have the same symptoms, they may be caused by different malfunctions of the brain. Many doctors perform QEEG brain-mapping in their office as a service to their patients. If your physician does not perform this service, our office will be glad to assist you in scheduling this.

Start Your Treatments

Once we have your history and correlate the diagnostic results from your QEEG, our physicians will schedule a consultation with you. During the consultation, they will explain your brain-mapping results and what treatments would be most effective for you.

Each of the symptoms on the parital list below may stem from dysfunction in the brain. Neurofeedback trains the brain to self-regulate and optimize functioning.

ADD & ADHD	SLEEP DISORDERS	AUTISTIC SPECTRUM SYMPTOMS
<ul style="list-style-type: none"> - Impulse control - Planning - Organization - Short term memory - Mental calming - much more 	<ul style="list-style-type: none"> - Excessive thoughts - Disrupted sleep cycles - Disrupted REM cycles - Night terrors - Night sweats - much more 	<ul style="list-style-type: none"> - OCD symptoms - ADD symptoms - Headaches - Seizures - much more
DEPRESSION	BEHAVIOR	IMMUNE, ENDOCRINE & ANS
<ul style="list-style-type: none"> - Obsessive negativity - Lack of motivation - Despair - Overwhelming emotions - Self-injurious behavior - much more 	<ul style="list-style-type: none"> - Lack of impulse control - ADD symptoms - OCD symptoms - Tics - Mood swings - much more 	<ul style="list-style-type: none"> - PMS (compulsive) - PMS (reactive/aggressive) - PMS (agitated) - Irritable bowel - Sugar craving & reactivity - much more
MIGRANES/CHRONIC PAIN	EATING DISORDERS	PERFORMANCE & MOTOR SKILLS
<ul style="list-style-type: none"> - Muscle tension - Obsessive thinking - Pain fixation - Poor concentration - Low pain threshold - much more 	<ul style="list-style-type: none"> - Compulsive eating - Lack of interest in food - Emotional instability - Hypoglycemia - Sugar craving - much more 	<ul style="list-style-type: none"> - Lack of mental calming - Lack of impulse control - Planning/organization - Obsessive thinking - Compulsive behavior - much more